

How To Refurbish An Aircraft Carrier

By MCSN JAMES EVANS
Penny Press staff

USS Abraham Lincoln (CVN-72) entered Dry-dock #6 at Puget Sound Naval Shipyard & Intermediate Maintenance Facility (PSNS & IMF), Bremerton, September 8 to begin a scheduled Dry-dock Planned Incremental Availability (DPIA) period which is expected to last through March.

Under sunny skies and warm weather, a small fleet of tugboats moved Lincoln from her mooring at Naval Base Kitsap and turned the 98,000 ton warship on its axis in Sinclair Inlet before lining the ship up with the flooded dry-dock.

Once in place, heavy lines were attached to Lincoln's stern and a combination of capstans and manpower was used to slowly bring the ship backward into position.

The tedious process of aligning the massive vessel then began in earnest as shipyard workers, using precision instruments, worked to ensure that as the dry-dock was drained, Lincoln remained perfectly centered over the supports which would bear her massive weight.

"We have about two inches of leeway, and we got it within a half an inch, so all in all it went pretty well," said Lt. Holli Klages, a docking officer at PSNS & IMF who supervised the evolution.

By Friday evening, Lincoln rested firmly on blocks and a significant amount of water had been pumped out. On Saturday morning, the dock was completely drained and Lincoln Sailors



Stock Photo

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arrived for duty to find their ship high and dry with major projects already underway.

According to Cmdr. Skip Huck, Lincoln's chief of engineering and DPIA coordinator, Lincoln is scheduled to undergo a number of refurbishments and improvements during the short time she will spend out of the water.

"The package that we have right now is one of the most challenging that we've

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Thrift Savings Plan Helps Out in the Long Run

By FLTCM(SW/AW) JACQUELINE DiROSA
Special to the Penny Press

When you're young, it's easy to put off thinking about the future. You don't know if you're going to make the Navy a career, the newest electronic gadget on the market is calling your name, or your young

and growing family is already strapped for cash. How can anyone reasonably expect you to take a portion of your small paycheck and put it into something you won't see until you're in your 60s? But what if you cut back on your monthly grocery bill by merely \$40? Or, make the commitment to smoke one less carton of

cigarettes a month (five cigarettes a day), which could be a savings of \$30 to \$40 a month. These small sacrifices could pay off sooner than you think. With only a small contribution to the Thrift Savings Plan (TSP) each month, you could start a nest egg that benefits you long before

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Inside

MC2(SW) Dan Cleary goes to the movies...

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See what bit of Naval history the Old Salt has

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Commentary

How Did Superman Die?

By MC2(SW) DAN CLEARY
Penny Press staff

Hello trailblazers of the cinema! This week's movie is Hollywoodland, a movie about the mysterious death of George Reeves, played by Ben Affleck.

George Reeves played Superman in a 1950's TV adaptation called "The Adventures of Superman".

The movie starts out with Reeves' death. Most of his family and friends claim that it was suicide. The only person who believes otherwise is Reeves mother, Helen Bessolo.

Helen's claim that her son would never kill himself gets the attention of a private detective named Louis Simo, played by Adrien Brody. Louis Simo is down and out on his luck and sees the opportunity as a chance to make some headlines and get himself a little bit of fame.

As Louis starts to dig into the life of George Reeves he is met with resistance from powerful Hollywood figures and even from Reeves's closest friends. No one wants to talk about it, everyone wants to leave the dead buried. Is there a reason

behind their resistance and silence? What are they hiding?

This movie was actually pretty moving. When you're a kid watching Superman on TV the actor isn't just a man to you, he's really Superman. This movie exposes the man behind the suit and makes you see who he really was. You see into the life of George Reeves and witness everything that happened to him from affairs, type-casting, depression, and betrayals.

I remember watching "The Adventures of Superman" on Nick at Nite. Sure, it was in black and white and the episodes were kind of corny, but it was still Superman doing his thing. If you are a nerd like me then anybody who played Superman on

TV or the movies was royalty.

If you were a fan of "The Adventures of Superman" or anything Superman period it's a good movie to see. If you're not a fan then it's a really good story with all kinds of twists and turns that is bound to keep your interests. If neither one of those do anything for you, then see it to watch Ben Affleck die. I know I got a little tickle out of that.

Discount movie tickets can be purchased from Abe's Morale, Welfare and Recreation office on the barge for five dollars each.

The passes are good for all movies in the Regal and AMC/Lowes theatres.

Hollywoodland offers plot twists and drama for the audience and Superman fans alike.



Learn to scuba dive with outdoor programs.
\$220 Per person/liberty qualified \$205 per person. Class dates: Oct. 31, Nov. 2, 7, 9. The 14 and 16 are classroom/pool sessions from 6 p.m. To 10 p.m.



September 18, 1936

Squadron 40-T, based in the Mediterranean, established to protect U.S. interests and citizens around the Iberian peninsula throughout the Spanish Civil War.

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News

FLTCM

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retirement age.

Albert Einstein has been quoted as saying that "compound interest is the most powerful force in the universe." Through the miracle of compound interest, your contributions will earn additional money for you. There's no need to make a large contribution to make a sizeable difference either. If you contribute only \$40 per month, in 20 years you would have saved \$9600 in contributions and (assuming seven percent interest a year) your earnings would be \$11,359 leaving you with a total of nearly \$21,000. Your earnings would be more than the total of your contributions. That is why starting early is so important. If you delay just one year under the same circumstances, your loss in compound interest is more than \$500.

Your savings start the moment you enroll. The money allotted from your check to go to your TSP account is taken out before it is taxed. Once it is in TSP, it's not taxed until you take it out, and -- depending on your tax bracket when you retire -- that could be considerably less tax than now. For instance, contributing \$125 monthly would provide a savings of more than \$1500 the first year. Assuming a 15 percent tax bracket, the tax deferred from \$1500 would be \$225. (*Deferred* means money you don't have to pay now.) The same amount of money saved in the bank would equate to owing \$225 in taxes. Later, after retirement, the contributions

may fall under a lower tax bracket and could save even more in taxes when the money is taken out of the TSP account.

Like the TV salesman says, "But wait! That's not all!"

TSP offers a variety of investment funds to increase your earnings. You also have the choice of how much time you want to spend on growing your money. There are pre-fabricated, low-maintenance funds that allow you to invest depending on the time you have left before retirement. Called Lifecycle Plans, these investment funds distribute your contributions for you. The most aggressive plan is for those who aren't retiring soon and can weather the ups and downs of the market. The least risky plans are for those retiring soon and want to keep their savings safe in the short term. If you want to manage your own investments, you can do that, too. See your financial counselor for details first, and arm yourself with all the knowledge you need so that you don't get any surprises.

I know that watching a chunk of your paycheck, no matter how small, go somewhere unreachable doesn't sound very appealing, but it is possible to use your TSP in an emergency situation -- however you define an emergency. TSP offers low interest loans on the money you already have in your account and allows you to choose a re-payment plan to fit your budget. TSP offers a better value for your money than any credit card. And, since it's your money, the motivation would be



even stronger to put it back. There are also hardship withdrawals that have more specific guidelines. The TSP website (www.tsp.gov) explains everything you need or want to know.

Some good general information to know includes:

- Pay earned in a Combat Zone is tax-exempt and tax-exempt contributions to your TSP (in 2006) are limited to \$44,000 per year.

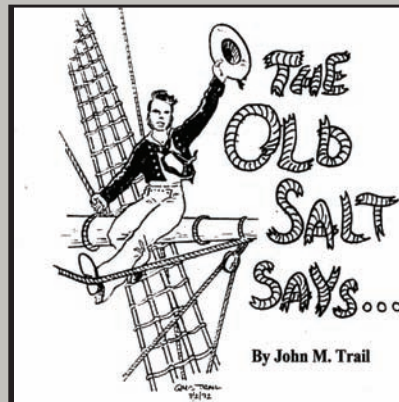
- Bonuses and Special pay can be contributed directly to TSP.

TSP offers you the opportunity to enrich you and your family's future quality of life. When it comes to life and the choices you make, this is a good way to make the most of what you have today.

Pier Head Jump

You might hear an Old Salt tell you in one of his sea stories of a "pier head jump."

This is when a Sailor would barely made it back aboard his ship before she sailed. In the 19th and early 20th centuries, many ships had decks and bulwarks that were low enough for a man to jump aboard if the tide was right. Some miscreant Sailors who were drunk, late or just plain over slept would be bounding down the pier as the ship was being warped away from the pier. If they were lucky, the jump would land them on the deck. If they were unlucky, they would land in the water. Sometimes the pilot boat, tug or ships boat would fish them out. When back aboard ship they would soon feel the wrath of the Captain. So woe betide the swabby who "missed ships movement" he was the unluckiest of them all!



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PRESEASON

VS. PORTLAND	FRIDAY OCT. 20	7:30PM
VS. SACRAMENTO	WEDNESDAY OCT. 25	7PM
VS. GOLDEN STATE	THURSDAY OCT. 26	7PM

VS. PORTLAND	WEDNESDAY NOV. 1	7PM
VS. L.A. LAKERS	SUNDAY NOV. 5	6PM
VS. PHILADELPHIA	WEDNESDAY NOV. 15	7PM
VS. UTAH	FRIDAY NOV. 17	7:30PM
VS. NEW JERSEY	MONDAY NOV. 20	7PM
VS. SACRAMENTO	FRIDAY NOV. 24	7:30PM
VS. SAN ANTONIO	SUNDAY NOV. 26	6PM
VS. ORLANDO	WEDNESDAY NOV. 29	7PM
VS. INDIANA	FRIDAY DEC. 1	7:30PM
VS. ATALNTA	TUESDAY DEC. 5	7PM
VS. NO/OKLA. CITY	FRIDAY DEC. 8	7:30PM
VS. GOLDEN STATE	SUNDAY DEC. 10	6PM
VS. DALLAS	WEDNESDAY DEC. 20	7:30PM
VS. TORONTO	SATURDAY DEC. 23	7PM
VS. NO/OKLA. CITY	TUESDAY DEC. 26	7PM
VS. BOSTON	SUNDAY DEC. 31	7PM
VS. NEW YORK	FRIDAY JAN. 5	7:30PM
VS. MIAMI	WEDNESDAY JAN. 10	7PM
VS. UTAH	FRIDAY JAN. 12	7:30PM
VS. CLEVELAND	TUESDAY JAN. 16	7PM
VS. MILWAUKEE	FRIDAY JAN. 19	7:30PM
VS. DENVER	TUESDAY JAN. 23	7PM
VS. MINNESOTA	FRIDAY JAN. 26	7:30PM
VS. L.A. CLIPPERS	SUNDAY JAN. 28	7PM

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MWR



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VS. SUNDAY SEP 17, 1PM



VS. SUNDAY SEP 24, 1PM



VS. SUNDAY OCT 22, 1PM



VS. SUNDAY NOV 6, 5:30PM



VS. SUNDAY NOV 12, 1PM



VS. SUNDAY NOV 27, 5:30PM



VS. THURSDAY DEC 14, 5PM



VS. SUNDAY DEC 24, 1PM



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SEPTEMBER 20TH
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AT THE
STRIKEZONE!

DPIA

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had in the shortest time- we're only going to be in the dry-dock for 100 days- so it's going to happen extremely fast with very little room for error," said Huck.

Huck added that major projects planned include refurbishment of tanks, work on three of the four catapults, modernization of navigation systems, and updates to the ship's Local Area Network (LAN). Lincoln is also slated to receive installation of the Rolling Airframe Missile (RAM) system, which will improve the ship's close range defensive capabilities.

Some of the contractors involved in

the project include Todd Shipyard, Space and Naval Warfare (SPAWAR), Voyage Repair Team, and Carrier Air Force Support (CAFSU) among others.

"At the height of the dry-dock period, we expect to have about 1,200 men per day working on board from PSNS & IMF," said Huck.

As with any mission undertaken by Lincoln's crew, safety is one of the command's top priorities. All Lincoln Sailors have been issued hardhats and safety glasses which are required to be worn at all times when transiting the ship or working on PSNS & IMF. With so much being done at once, Sailors must take extra steps

to protect themselves and their shipmates from the inherent dangers of working in an industrial environment.

"Between Lincoln's safety coordinators and the shipyard safety guys, there will be people on the deck plates at all times ensuring that both the ship's and the shipyard's standards of safety are met," said Huck.

According to Huck, Lincoln is expected to leave dry-dock in mid-December, but the availability is scheduled to last through the middle of March when Lincoln will complete a short sea trial before returning to her homeport of Everett, WA.

Final Words



Shipmates

The strength of a warship lies in the hearts and hands of its crew



Photo By MC3 James McGury

After many trials and tribulations, USS Abraham Lincoln (CVN-72)'s chief selectees recieved their anchors Friday, at a pinning ceremony on Naval Station Everett.

Editor's Top 10

Impressive and disturbing ways to fail a spot check...

10. Show up 30 minutes late, in a sequined suit and say it was for a dramatic entrance.
9. Be "too friendly" when you demonstrate the MRC steps.
8. Show up naked.
7. Insist that covering your work center supivisor in vasoline is an important step in the maintinance.
6. Answer every question with a "your momma" joke.
5. Feather boa's are a valid substitue for every-thing.
4. Bring red construction paper to make your own tag outs.
3. Tools & Parts..Required.
Pants... optional
The look on a Cmdr.'s face seeing your butt.. priceless.
2. Pig Latin is making a huge comeback.
1. Prepare with "grandpa's cough medicine," it takes the edge off.



PHOTO BY SKC(SW/AW/SS) RICHARD WARD

HT3 Bass

USS Abraham Lincoln Safety Department's

Safety Sailor of the Week

While using Machinery equipment to cut metal, HT3 Bass of Engineering's Repair Div. ensures his safety by using the proper PPE and makes sure his left foot is not on the switch that engages the equipment untill he is ready.